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## **Southeast Georgia Health System to Host Sports Medicine Symposium**

BRUNSWICK, Georgia: April 24, 2024 – Southeast Georgia Health System is hosting a Sports Medicine Symposium, Saturday, May 18, 8 a.m.-4:30 p.m., in the Linda S. Pinson Conference Center, located on the Brunswick Campus, 2415 Parkwood Drive.

Intended for athletic trainers, the Sports Medicine Symposium offers attendees the opportunity to explore topics emerging in the practice of athletic training, such as blood flow restriction therapy and utilization of intravenous fluids to assist in rehydration during heat stress events. Speakers will provide updates on concussion management guidelines as well as an in depth review on knee anatomy. Interactive break-out sessions on mobilization techniques following an injury will also be part of the symposium.

Speakers will discuss current best practices of pre-hospital management of spine related injuries in athletics. Attendees will also learn how to identify and demonstrate the appropriate selection and application methods for various types of skin closures. Additionally, the proper steps in preparing and executing the intravenous site procedure will be demonstrated.

6.5 CEU's will be offered for athletic trainers attending the event. The symposium fee of \$30 includes lunch and is due at registration. For more information regarding the event, speakers and agenda, or to register, visit [sghs.org/sports-med-symposium](http://sghs.org/sports-med-symposium).

### **ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM**

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, two Cancer Care Centers and multiple specialty care centers, including orthopaedic and spine care, joint replacement, breast care, maternity, outpatient rehabilitation, sleep management and wound care. The Brunswick Campus Cancer Care Center is accredited by the American College of Surgeons Commission on Cancer and is one of the few centers in Georgia to offer CyberKnife® M6 with MLC. Additionally, the Brunswick Campus is accredited by The Joint Commission as an Advanced Primary Stroke Center and the Camden Campus is accredited as an Acute Stroke Ready Hospital. The Southeast Georgia Physician Associates medical group includes more than 160 providers working in 20 different medical specialties at more than 50 locations. The Health System is part of Coastal Community Health, a regional affiliation between Baptist Health and Southeast Georgia Health System, a highly integrated hospital network focused on significant initiatives designed to enhance the quality and value of care provided to our contiguous communities. For more information, visit [sghs.org](http://sghs.org).

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